

Bath Central School District Vernon E. Wightman Girls on the Run

ihs

Practice Time: Tu/Th 3:30 pm - 5:00 pm (1.5 hours)
Spring 2023 Season

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
March 5 th	March 6 th	March 7 th	March 8 th	March 9 th	March 10 th	March 11 th
		Lesson 1		Lesson 2		
March 12 th	March 13 th	March 14 th	March 15 th	March 16 th	March 17 th	March 18 th
		Lesson 3		Lesson 4		
March 19 th	March 20 th	March 21st	March 22 nd	March 23 rd	March 24 th	March 25 th
		Lesson 5		Lesson 6		
March 26 th	March 27 th	March 28 th	March 29 th	March 30 th	March 31 st	April 1st
		Lesson 7		Lesson 8		
April 2 nd	April 3 rd	April 4 th	April 5 th	April 6 th	April 7 th	April 8 th
4		SPR	ING BREAK NO PRACTICE			
April 9 th	April 10 th	April 11 th	April 12 th	April 13 ^{th t}	April 14 th	April 15 th
		Lesson 9		Lesson 10		
April 16 th	April 17 th	April 18 th	April 19 th	April 20 th	April 21st	April 22 nd
		Lesson 11		Lesson 12		
April 23 rd	April 24 th	April 25 th	April 26 th	April 27 th	April 28 th	April 29 th
		Lesson 13		Lesson 14		
April 30 th	May 1 st	May 2 nd	May 3 rd	May 4 th	May 5 th	May 6 th
		Lesson 15		Lesson 16		

May 7 th	May 8 th	May 9 th	May 10 th	May 11 th	May 12 th	May 13 th
		Lesson 17		Lesson 18		
May 14 th	May 15 th	May 16 th	May 17 th	May 18 th	May 19 th	May 20 th
		Lesson 19		Lesson 20		
May 21 st	May 22 nd	May 23 rd	May 24 th	May 25 th	May 26 th	May 27 th
	MAKE-UP IF NEEDED		MAKE-UP IF NEEDED			
May 28 th	May 29 th	May 30 th	May 31 st	June 1 st	June 2 nd	June 3 rd
	MAKE-UP IF NEEDED		MAKE-UP IF NEEDED			
June 4 th	June 5 th	June 6 th	June 7 th	June 8 th	June 9 th	June 10
5K CELEBRATION AT BATH CSD						
June 11 th	June 12 th	June 13 th	June 14 th	June 15 th	June 16 th	June 17 th
June 18 th	June 19 th	June 20 th	June 21st	June 22 nd	June 23 rd	June 24 th
June 25 th	June 26 th	June 27 th	June 28 th	June 29 th	June 30st	



Girls on the Run - Heart & Sole Lesson Calendar

Bath Central School Dana L. Lyon

Practice Time: Tuesday 3:30 pm-5:00 pm (1.5 hours)

Spring 2023 Season



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
March 12 th	March 6 th	March 7 th	March 8 th	March 9 th	March 10 th	March 11 th
		Lesson 1				
March 19 th	March 13 th	March 14 th	March 15 th	March 16 th	March 17 th	March 18 th
		Lesson 2				
March 26 th	March 20 th	March 21 st	March 22 nd	March 23 rd	March 24 th	March 25 th
		Lesson 3				
April 2 nd	March 27 th	March 28 th	March 29 th	March 30 th	March 31 st	April 1 st
		Lesson 4				
April 9 th	April 3 rd	April 4 th	April 5 th	April 6 th	April 7 th	April 8 th
4		SP	RING BREAK NO PRACT	ICE -		•
April 16 th	April 10 th	April 11 th	April 12 th	April 13 ^{th t}	April 14 th	April 15 th
		Lesson 5				

April 23 rd	April 17 th	April 18 th	April 19 th	April 20 th	April 21st	April 22 nd
		Lesson 6				
April 30 th	April 24 th	April 25 th Lesson 7	April 26 th	April 27 th	April 28 th	April 29 th
May 7 th	May 1 st	May 2 nd Lesson 8	May 3 rd	May 4 th	May 5 th	May 6 th
May 14 th	May 8 th	May 9 th Lesson 9	May 10 th	May 11 th	May 12 th	May 13 th
May 21st	May 15 th	May 16 th Lesson 10	May 17 th	May 18 th	May 19 th	May 20 th
May 21st	May 22 nd	May 23 rd MAKE-UP IF NEEDED	May 24 th	May 25 th	May 26 th	May 27 th
May 28 th	May 29 th	May 30 th MAKE-UP IF NEEDED	May 31 st	June 1 st	June 2 nd	June 3 rd
June 4 th 5K CELEBRATION AT BATH CSD	June 5 th	June 6 th	June 7 th	June 8 th	June 9 th	June 10



Campbell-Savona Elementary School Girls on the Run tice Time: Tu/Th 3:00 pm - 4:15 pm (1.25 h

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Practice Time: Tu/Th 3:00 pm - 4:15 pm (1.25 hours)
Spring 2023 Season

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
March 5 th	March 6 th	March 7 th	March 8 th	March 9 th	March 10 th	March 11 th
		Lesson 1		Lesson 2		
March 12 th	March 13 th	March 14 th	March 15 th	March 16 th	March 17 th	March 18 th
		Lesson 3		Lesson 4		
March 19 th	March 20 th	March 21 st	March 22 nd	March 23 rd	March 24 th	March 25 th
		Lesson 5		Lesson 6		
March 26 th	March 27 th	March 28 th	March 29 th	March 30 th	March 31st	April 1st
		Lesson 7		Lesson 8		
April 2 nd	April 3 rd	April 4 th	April 5 th	April 6 th	April 7 th	April 8 th
4		SPR	ING BREAK NO PRACTICE			
April 9 th	April 10 th	April 11 th	April 12 th	April 13 ^{th t}	April 14 th	April 15 th
		Lesson 9		Lesson 10		
April 16 th	April 17 th	April 18 th	April 19 th	April 20 th	April 21st	April 22 nd
		Lesson 11		Lesson 12		
April 23 rd	April 24 th	April 25 th	April 26 th	April 27 th	April 28 th	April 29 th
		Lesson 13		Lesson 14		
April 30 th	May 1 st	May 2 nd	May 3 rd	May 4 th	May 5 th	May 6 th
		Lesson 15		Lesson 16		

May 7 th	May 8 th	May 9 th	May 10 th	May 11 th	May 12 th	May 13 th
		Lesson 17		Lesson 18		
May 14 th	May 15 th	May 16 th	May 17 th	May 18 th	May 19 th	May 20 th
		Lesson 19		Lesson 20		
May 21 st	May 22 nd	May 23 rd	May 24 th	May 25 th	May 26 th	May 27 th
	MAKE-UP IF NEEDED		MAKE-UP IF NEEDED			
May 28 th	May 29 th	May 30 th	May 31 st	June 1 st	June 2 nd	June 3 rd
	MAKE-UP IF NEEDED		MAKE-UP IF NEEDED			
June 4 th	June 5 th	June 6 th	June 7 th	June 8 th	June 9 th	June 10
5K CELEBRATION AT BATH CSD						
June 11 th	June 12 th	June 13 th	June 14 th	June 15 th	June 16 th	June 17 th
June 18 th	June 19 th	June 20 th	June 21st	June 22 nd	June 23 rd	June 24 th
June 25 th	June 26 th	June 27 th	June 28 th	June 29 th	June 30st	



Center Street Elementary Practice Time: M/W 5:30 pm-7:00 pm (1.5 hours) Spring 2023 Season



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
March 12 th	March 6 th	March 7 th	March 8 th	March 9 th	March 10 th	March 11 th
	Lesson 1		Lesson 2			
March 19 th	March 13 th	March 14 th	March 15 th	March 16 th	March 17 th	March 18 th
	Lesson 3		Lesson 4			
March 26 th	March 20 th	March 21st	March 22 nd	March 23 rd	March 24 th	March 25 th
	Lesson 5		Lesson 6			
April 2 nd	March 27 th	March 28 th	March 29 th	March 30 th	March 31 st	April 1st
	Lesson 7		Lesson 8			
April 9 th	April 3 rd	April 4 th	April 5 th	April 6 th	April 7 th	April 8 th
4		SPI	RING BREAK NO PRACTICI	E -		
April 16 th	April 10 th	April 11 th	April 12 th	April 13 ^{th t}	April 14 th	April 15 th
	Lesson 9		Lesson 10			
April 23 rd	April 17 th	April 18 th	April 19 th	April 20 th	April 21 st	April 22 nd
	Lesson 11		Lesson 12			
April 30 th	April 24 th	April 25 th	April 26 th	April 27 th	April 28 th	April 29 th
	Lesson 13		Lesson 14			
May 7 th	May 1 st	May 2 nd	May 3 rd	May 4 th	May 5 th	May 6 th
	Lesson 15		Lesson 16			
May 14 th	May 8 th	May 9 th	May 10 th	May 11 th	May 12 th	May 13 th
	Lesson 17		Lesson 18			

May 21st	May 15 th	May 16 th	May 17 th	May 18 th	May 19 th	May 20 th
	Lesson 19		Lesson 20			
May 21 st	May 22 nd	May 23 rd	May 24 th	May 25 th	May 26 th	May 27 th
	MAKE-UP IF NEEDED		MAKE-UP IF NEEDED			
May 28 th	May 29 th	May 30 th	May 31 st	June 1 st	June 2 nd	June 3 rd
	MAKE-UP IF NEEDED		MAKE-UP IF NEEDED			
June 4 th 5K CELEBRATION	June 5 th	June 6 th	June 7 th	June 8 th	June 9 th	June 10
AT BATH CSD	1 4 2th	1 4 2th	l 4 4th	1 4 E+h	L 4 Cth	1 4 7th
June 11 th	June 12 th	June 13 th	June 14 th	June 15 th	June 16 th	June 17 th
June 18 th	June 19 th	June 20 th	June 21 st	June 22 nd	June 23 rd	June 24 th
June 25 th	June 26 th	June 27 th	June 28 th	June 29 th	June 30st	



Dundee Elementary School Girls on the Run

Practice Time: Tu/Th 3:00 pm - 4:30 pm (1.5 hours)

Spring 2023 Season



Saturday	Friday	Thursday	Wednesday	Tuesday	Monday	Sunday
March 11	March 10 th	March 9 th	March 8 th	March 7 th	March 6 th	March 5 th
		Lesson 2		Lesson 1		
March 18	March 17 th	March 16 th	March 15 th	March 14 th	March 13 th	March 12 th
		Lesson 4		Lesson 3		
March 25	March 24 th	March 23 rd	March 22 nd	March 21 st	March 20 th	March 19 th
		Lesson 6		Lesson 5		
April 1	March 31 st	March 30 th	March 29 th	March 28 th	March 27 th	March 26 th March 27 th
		Lesson 8		Lesson 7		
April 8	April 7 th	April 6 th	April 5 th	April 4 th	April 3 rd	April 2 nd
			G BREAK NO PRACTICE	SPRIN		
April 15	April 14 th	April 13 ^{th t}	April 12 th	April 11 th	April 10 th	April 9 th
		Lesson 10		Lesson 9		
April 22	April 21st	April 20 th	April 19 th	April 18 th	April 17 th	April 16 th
		Lesson 12		Lesson 11		
April 29	April 28 th	April 27 th	April 26 th	April 25 th	April 24 th	April 23 rd
		Lesson 14		Lesson 13		
May 6	May 5 th	May 4 th	May 3 rd	May 2 nd	May 1 st	April 30 th
		Lesson 16		Lesson 15		
May 13	May 12 th	May 11 th	May 10 th	May 9 th	May 8 th	May 7 th
		Lesson 18		Lesson 17		

May 14 th	May 15 th	May 16 th	May 17 th	May 18 th	May 19 th	May 20 th
		Lesson 19		Lesson 20		
May 21 st	May 22 nd	May 23 rd	May 24 th	May 25 th	May 26 th	May 27 th
	MAKE-UP IF NEEDED		MAKE-UP IF NEEDED			
May 28 th	May 29 th	May 30 th	May 31 st	June 1 st	June 2 nd	June 3 rd
	MAKE-UP IF NEEDED		MAKE-UP IF NEEDED			
June 4 th 5K CELEBRATION AT BATH CSD	June 5 th	June 6 th	June 7 th	June 8 th	June 9 th	June 10
June 11 th	June 12 th	June 13 th	June 14 th	June 15 th	June 16 th	June 17 th
June 18 th	June 19 th	June 20 th	June 21 st	June 22 nd	June 23 rd	June 24 th
June 25 th	June 26 th	June 27 th	June 28 th	June 29 th	June 30st	



Glen Curtiss Elementary Practice Time: M/W 3:30 pm-5:00 pm (1.5 hours) Spring 2023 Season



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
March 12 th	March 6 th	March 7 th	March 8 th	March 9 th	March 10 th	March 11 th
	Lesson 1		Lesson 2			
March 19 th	March 13 th	March 14 th	March 15 th	March 16 th	March 17 th	March 18 th
	Lesson 3		Lesson 4			
March 26 th	March 20 th	March 21st	March 22 nd	March 23 rd	March 24 th	March 25 th
	Lesson 5		Lesson 6			
April 2 nd	March 27 th	March 28 th	March 29 th	March 30 th	March 31 st	April 1st
	Lesson 7		Lesson 8			
April 9 th	April 3 rd	April 4 th	April 5 th	April 6 th	April 7 th	April 8 th
4		SPI	RING BREAK NO PRACTICI	E -		
April 16 th	April 10 th	April 11 th	April 12 th	April 13 ^{th t}	April 14 th	April 15 th
	Lesson 9		Lesson 10			
April 23 rd	April 17 th	April 18 th	April 19 th	April 20 th	April 21 st	April 22 nd
	Lesson 11		Lesson 12			
April 30 th	April 24 th	April 25 th	April 26 th	April 27 th	April 28 th	April 29 th
	Lesson 13		Lesson 14			
May 7 th	May 1 st	May 2 nd	May 3 rd	May 4 th	May 5 th	May 6 th
	Lesson 15		Lesson 16			
May 14 th	May 8 th	May 9 th	May 10 th	May 11 th	May 12 th	May 13 th
	Lesson 17		Lesson 18			

May 21st	May 15 th	May 16 th	May 17 th	May 18 th	May 19 th	May 20 th
	Lesson 19		Lesson 20			
May 21 st	May 22 nd	May 23 rd	May 24 th	May 25 th	May 26 th	May 27 th
	MAKE-UP IF NEEDED		MAKE-UP IF NEEDED			
May 28 th	May 29 th	May 30 th	May 31 st	June 1 st	June 2 nd	June 3 rd
	MAKE-UP IF NEEDED		MAKE-UP IF NEEDED			
June 4 th 5K CELEBRATION	June 5 th	June 6 th	June 7 th	June 8 th	June 9 th	June 10
AT BATH CSD	1 4 2th	1 4 2th	l 4 4th	1 4 E+h	L 4 Cth	1 4 7th
June 11 th	June 12 th	June 13 th	June 14 th	June 15 th	June 16 th	June 17 th
June 18 th	June 19 th	June 20 th	June 21 st	June 22 nd	June 23 rd	June 24 th
June 25 th	June 26 th	June 27 th	June 28 th	June 29 th	June 30st	



Hanlon Elementary

Practice Time: M/W 3:00 pm-4:30 pm (1.5 hours)

Spring 2023 Season



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
March 12 th	March 6 th	March 7 th	March 8 th	March 9 th	March 10 th	March 11 th
	Lesson 1		Lesson 2			
March 19 th	March 13 th	March 14 th	March 15 th	March 16 th	March 17 th	March 18 th
	Lesson 3		Lesson 4			
March 26 th	March 20 th	March 21 st	March 22 nd	March 23 rd	March 24 th	March 25 th
	Lesson 5		Lesson 6			
April 2 nd	March 27 th	March 28 th	March 29 th	March 30 th	March 31st	April 1st
	Lesson 7		Lesson 8			
April 9 th	April 3 rd	April 4 th	April 5 th	April 6 th	April 7 th	April 8 th
-		SPR	ING BREAK NO PRACTICE			-
April 16 th	April 10 th	April 11 th	April 12 th	April 13 ^{th t}	April 14 th	April 15 th
	Lesson 9		Lesson 10			
April 23 rd	April 17 th	April 18 th	April 19 th	April 20 th	April 21st	April 22 nd
	Lesson 11		Lesson 12			
April 30 th	April 24 th	April 25 th	April 26 th	April 27 th	April 28 th	April 29 th
	Lesson 13		Lesson 14			
May 7 th	May 1 st	May 2 nd	May 3 rd	May 4 th	May 5 th	May 6 th
	Lesson 15		Lesson 16			
May 14 th	May 8 th	May 9 th	May 10 th	May 11 th	May 12 th	May 13 th
	Lesson 17		Lesson 18			

May 21 st	May 15 th	May 16 th	May 17 th	May 18 th	May 19 th	May 20 th
	Lesson 19		Lesson 20			
May 21 st	May 22 nd	May 23 rd	May 24 th	May 25 th	May 26 th	May 27 th
	MAKE-UP IF NEEDED		MAKE-UP IF NEEDED			
May 28 th	May 29 th	May 30 th	May 31 st	June 1 st	June 2 nd	June 3 rd
	MAKE-UP IF NEEDED		MAKE-UP IF NEEDED			
June 4 th 5K CELEBRATION	June 5 th	June 6 th	June 7 th	June 8 th	June 9 th	June 10
AT BATH CSD June 11 th	June 12 th	June 13 th	June 14 th	June 15 th	June 16 th	June 17 th
June 18 th	June 19 th	June 20 th	June 21 st	June 22 nd	June 23 rd	June 24 th
June 25 th	June 26 th	June 27 th	June 28 th	June 29 th	June 30st	



Horseheads Intermediate School Practice Time: Tu/Th 4:00 pm - 5:30 pm (1.5 hours) Spring 2023 Season

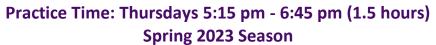


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
March 5 th	March 6 th	March 7 th	March 8 th	March 9 th	March 10 th	March 11 th
		Lesson 1		Lesson 2		
March 12 th	March 13 th	March 14 th	March 15 th	March 16 th	March 17 th	March 18 th
		Lesson 3		Lesson 4		
March 19 th	March 20 th	March 21st	March 22 nd	March 23 rd	March 24 th	March 25 th
		Lesson 5		Lesson 6		
March 26 th	March 27 th	March 28 th	March 29 th	March 30 th	March 31st	April 1st
		Lesson 7		Lesson 8		
April 2 nd	April 3 rd	April 4 th	April 5 th	April 6 th	April 7 th	April 8 th
4		SPR	ING BREAK NO PRACTICE			-
April 9 th	April 10 th	April 11 th	April 12 th	April 13 ^{th t}	April 14 th	April 15 th
		Lesson 9		Lesson 10		
April 16 th	April 17 th	April 18 th	April 19 th	April 20 th	April 21st	April 22 nd
		Lesson 11		Lesson 12		
April 23 rd	April 24 th	April 25 th	April 26 th	April 27 th	April 28 th	April 29 th
		Lesson 13		Lesson 14		
April 30 th	May 1 st	May 2 nd	May 3 rd	May 4 th	May 5 th	May 6 th
		Lesson 15		Lesson 16		
May 7 th	May 8 th	May 9 th	May 10 th	May 11 th	May 12 th	May 13 th
		Lesson 17		Lesson 18		

May 14 th	May 15 th	May 16 th	May 17 th	May 18 th	May 19 th	May 20 th
		Lesson 19		Lesson 20		
May 21 st	May 22 nd	May 23 rd	May 24 th	May 25 th	May 26 th	May 27 th
	MAKE-UP IF NEEDED		MAKE-UP IF NEEDED			
May 28 th	May 29 th	May 30 th	May 31 st	June 1 st	June 2 nd	June 3 rd
	MAKE-UP IF NEEDED		MAKE-UP IF NEEDED			
June 4 th 5K CELEBRATION AT BATH CSD	June 5 th	June 6 th	June 7 th	June 8 th	June 9 th	June 10
June 11 th	June 12 th	June 13 th	June 14 th	June 15 th	June 16 th	June 17 th
June 18 th	June 19 th	June 20 th	June 21 st	June 22 nd	June 23 rd	June 24 th
June 25 th	June 26 th	June 27 th	June 28 th	June 29 th	June 30st	



Horseheads Intermediate School HEART & SOLE







Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
March 5 th	March 6 th	March 7 th	March 8 th	March 9 th	March 10 th	March 11 th
				Lesson 1		
March 12 th	March 13 th	March 14 th	March 15 th	March 16 th	March 17 th	March 18 th
				Lesson 2		
March 19 th	March 20 th	March 21 st	March 22 nd	March 23 rd	March 24 th	March 25 th
				Lesson 3		
March 26 th	March 27 th	March 28 th	March 29 th	March 30 th	March 31 st	April 1st
				Lesson 4		
April 2 nd	April 3 rd	April 4 th	April 5 th	April 6 th	April 7 th	April 8 th
←		SPRI	NG BREAK NO PRACTICE			-
April 9 th	April 10 th	April 11 th	April 12 th	April 13 ^{th t}	April 14 th	April 15 th
				Lesson 5		
April 16 th	April 17 th	April 18 th	April 19 th	April 20 th	April 21st	April 22 nd
				Lesson 6		
April 23 rd	April 24 th	April 25 th	April 26 th	April 27 th	April 28 th	April 29 th
				Lesson 7		
April 30 th	May 1 st	May 2 nd	May 3 rd	May 4 th	May 5 th	May 6 th
				Lesson 8		

May 13 th	May 12 th	May 11 th	May 10 th	May 9 th	May 8 th	May 7 th
		Lesson 9				
May 20 th	May 19 th	May 18 th	May 17 th	May 16 th	May 15 th	May 14 th
		Lesson 10				
May 27 th	May 26 th	May 25 th	May 24 th	May 23 rd	May 22 nd	May 21 st
		Lesson make-up if				
		needed				
June 3 rd	June 2 nd	June 1 st	May 31 st	May 30 th	May 29 th	May 28 th
		Lesson make-up if				
		needed				
June 10	June 9 th	June 8 th	June 7 th	June 6 th	June 5 th	June 4 th
						K CELEBRATION
						AT BATH CSD
June 17 th	June 16 th	June 15 th	June 14 th	June 13 th	June 12 th	June 11 th
June 24 th	June 23 rd	June 22 nd	June 21st	June 20 th	June 19 th	June 18 th
	333	V 2-	335 ==	335 25	345	333 25
	June 30st	June 29 th	June 28 th	June 27 th	June 26 th	June 25 th
	Julie 303t	Julie 25	Julie 20	Julic 27	Julic 20	Julie 25



Tuscarora Elementary School Girls on the Run ce Time: Tu/Th 3:00 pm - 4:30 pm (

Practice Time: Tu/Th 3:00 pm - 4:30 pm (1.5 hours)
Spring 2023 Season



day Saturday	Friday	Thursday	Wednesday	Tuesday	Monday	Sunday
March 10 th March 1	March 10 th	March 9 th	March 8 th	March 7 th	March 6 th	March 5 th
		Lesson 2		Lesson 1		
March 17 th March 2	March 17 th	March 16 th	March 15 th	March 14 th	March 13 th	March 12 th
		Lesson 4		Lesson 3		
March 24 th March 2	March 24 th	March 23 rd	March 22 nd	March 21 st	March 20 th	March 19 th
		Lesson 6		Lesson 5		
March 31 st Apri	March 31 st	March 30 th	March 29 th	March 28 th	March 27 th	March 26 th March 27 th
		Lesson 8		Lesson 7		
April 7 th April	April 7 th	April 6 th	April 5 th	April 4 th	April 3 rd	April 2 nd
		E	ING BREAK NO PRACTICE	SPR		
April 14 th April 1	April 14 th	April 13 ^{th t}	April 12 th	April 11 th	April 10 th	April 9 th
		Lesson 10		Lesson 9		
April 21st April 2	April 21st	April 20 th	April 19 th	April 18 th	April 17 th	April 16 th
		Lesson 12		Lesson 11		
April 28 th April 2	April 28 th	April 27 th	April 26 th	April 25 th	April 24 th	April 23 rd
		Lesson 14		Lesson 13		
May 5 th May	May 5 th	May 4 th	May 3 rd	May 2 nd	May 1 st	April 30 th
		Lesson 16		Lesson 15		

May 7 th	May 8 th	May 9 th	May 10 th	May 11 th	May 12 th	May 13 th
		Lesson 17		Lesson 18		
May 14 th	May 15 th	May 16 th	May 17 th	May 18 th	May 19 th	May 20 th
		Lesson 19		Lesson 20		
May 21 st	May 22 nd	May 23 rd	May 24 th	May 25 th	May 26 th	May 27 th
	MAKE-UP IF NEEDED		MAKE-UP IF NEEDED			
May 28 th	May 29 th	May 30 th	May 31 st	June 1 st	June 2 nd	June 3 rd
	MAKE-UP IF NEEDED		MAKE-UP IF NEEDED			
June 4 th	June 5 th	June 6 th	June 7 th	June 8 th	June 9 th	June 10
5K CELEBRATION AT BATH CSD						
June 11 th	June 12 th	June 13 th	June 14 th	June 15 th	June 16 th	June 17 th
June 18 th	June 19 th	June 20 th	June 21st	June 22 nd	June 23 rd	June 24 th
June 25 th	June 26 th	June 27 th	June 28 th	June 29 th	June 30st	